30 EXERCISES FOR PIANO SCALES

Quick reference sheet

Dr Wojciech W. Wisniewski

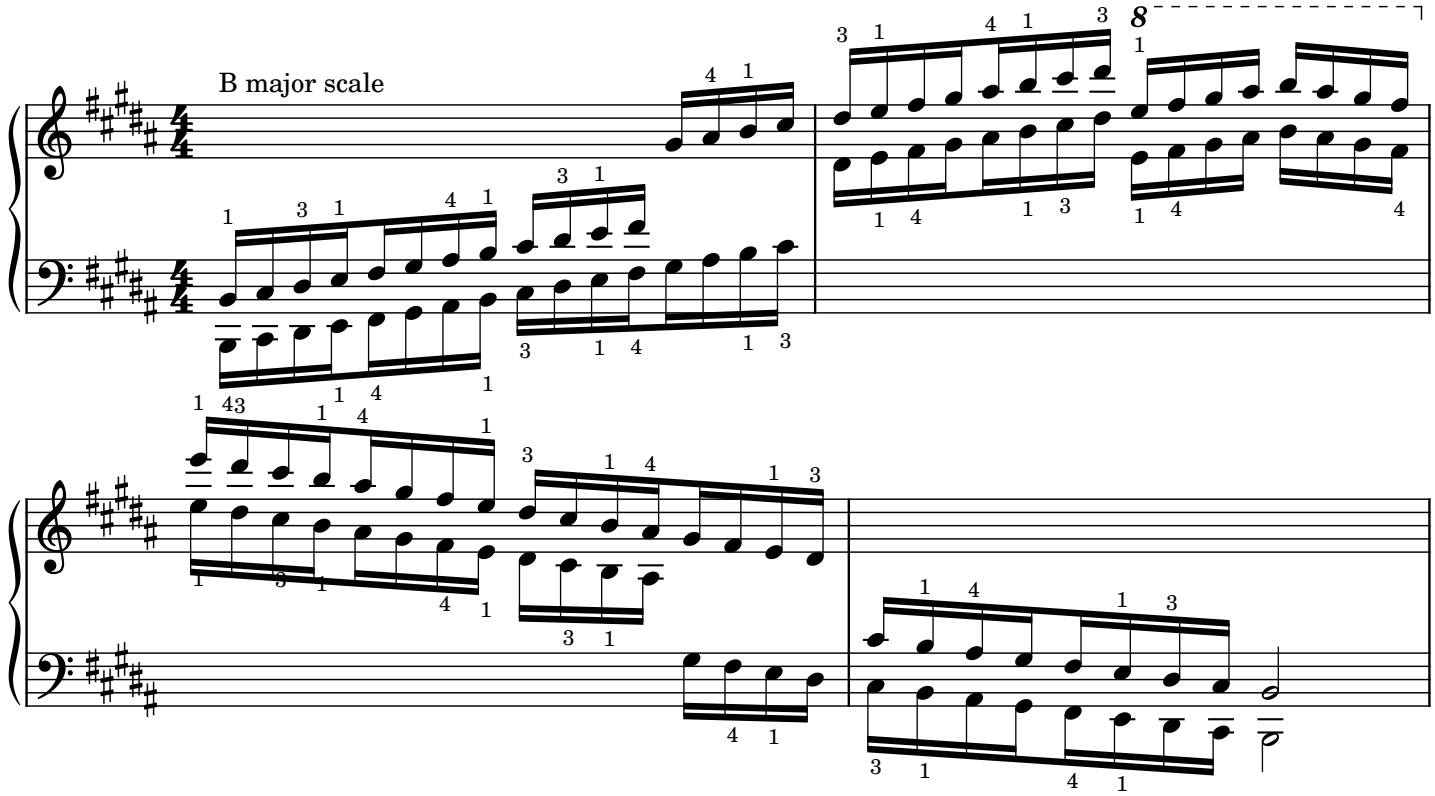
wwBooks Sydney

Piano scales - exercises

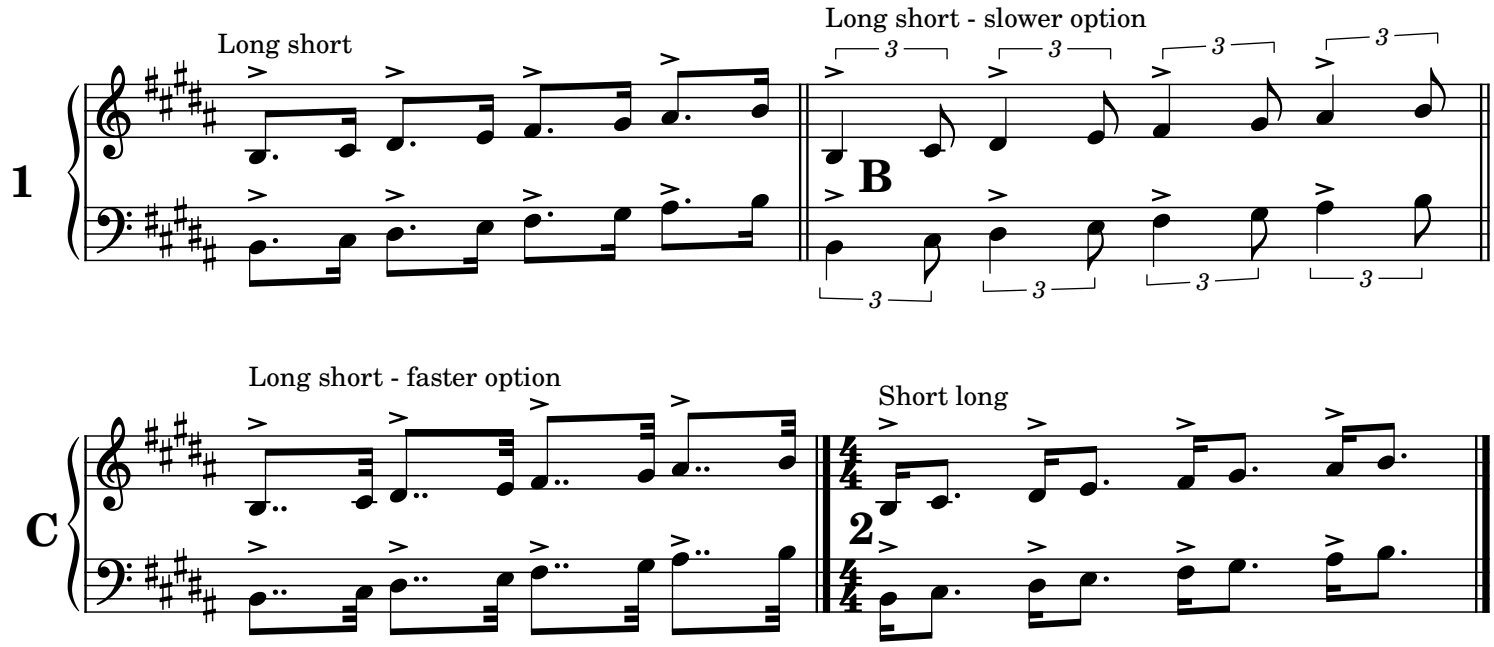
Quick reference sheet

Dr Wojciech W. Wisniewski

B major scale



Rhythmic variants



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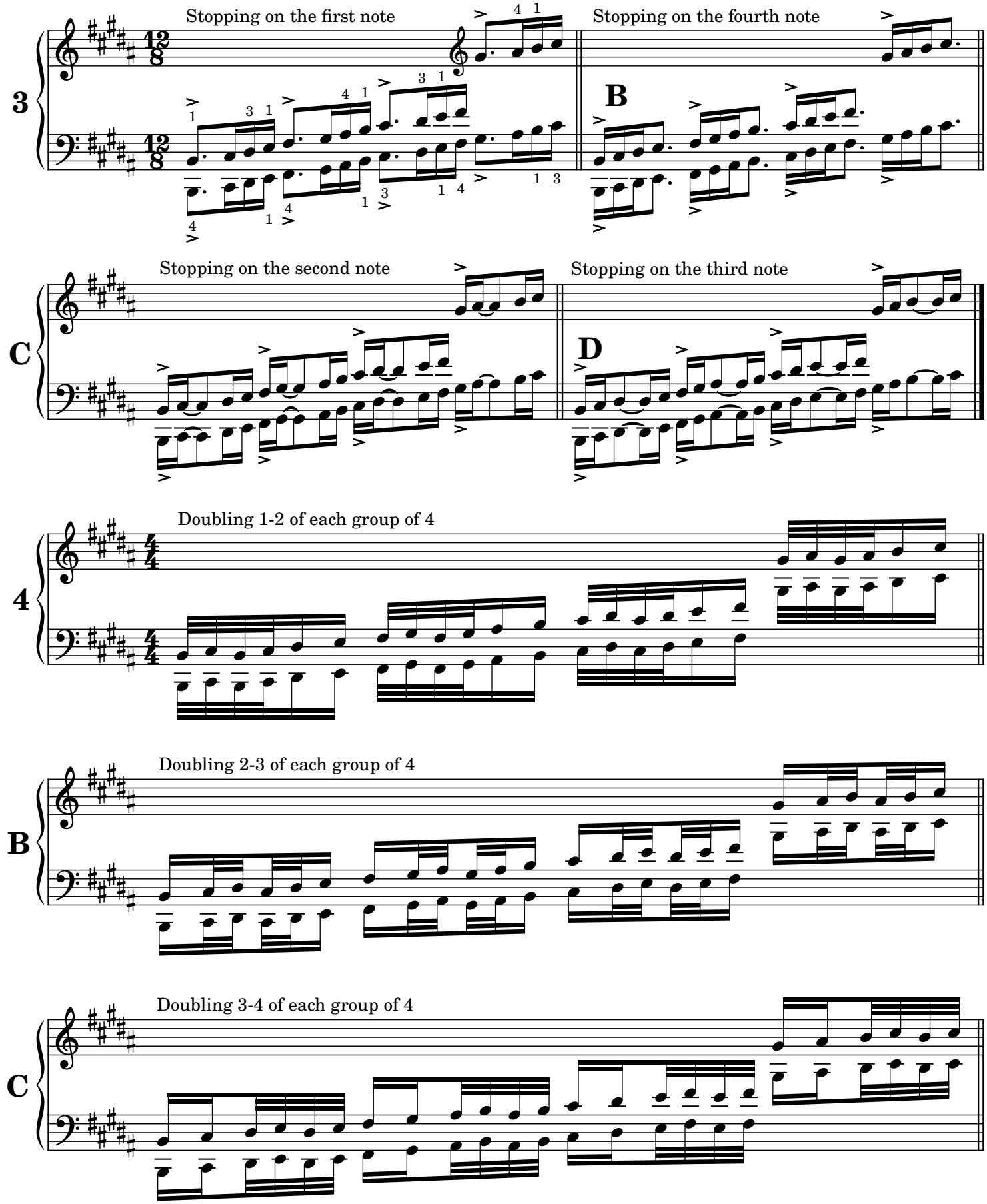

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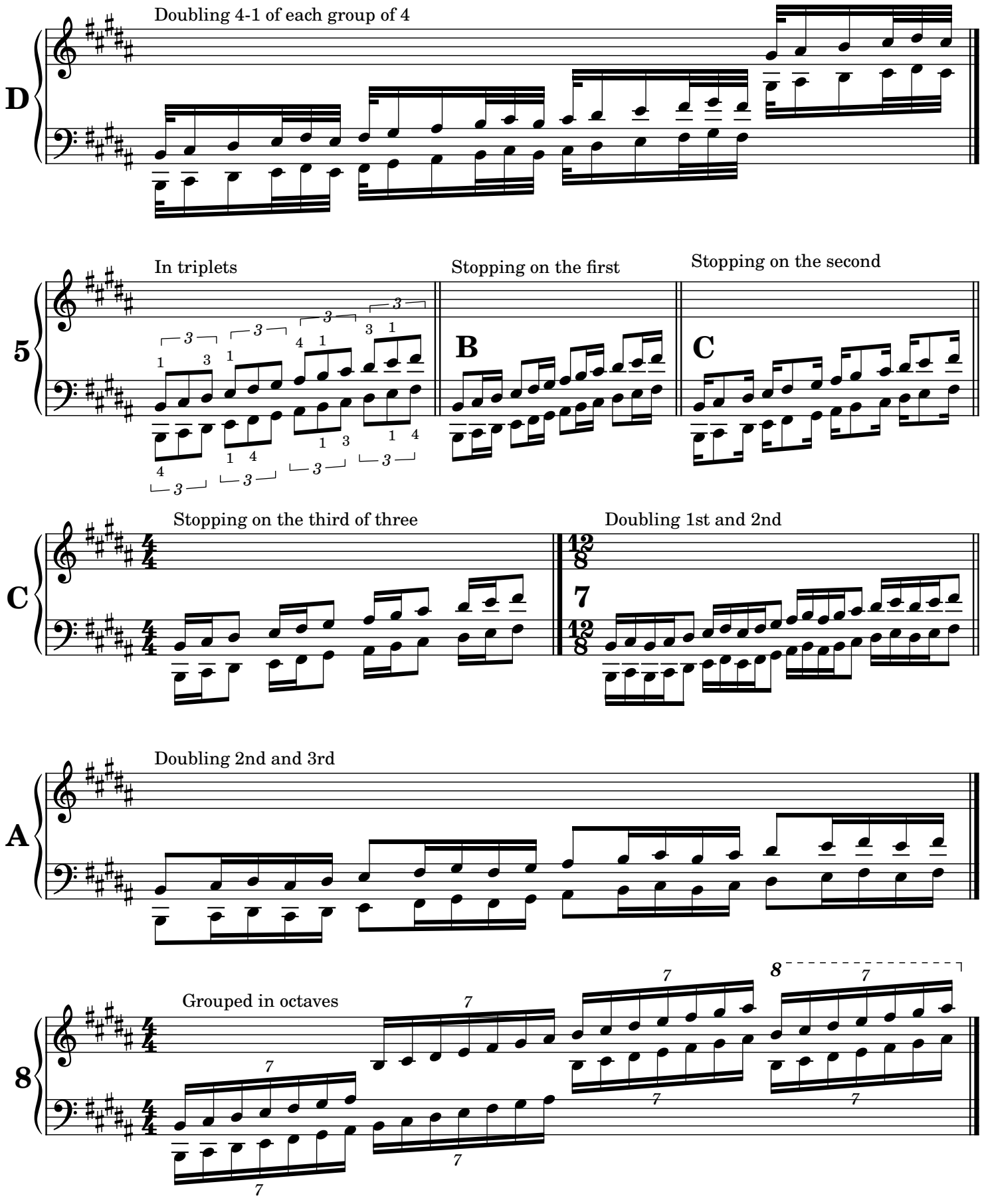

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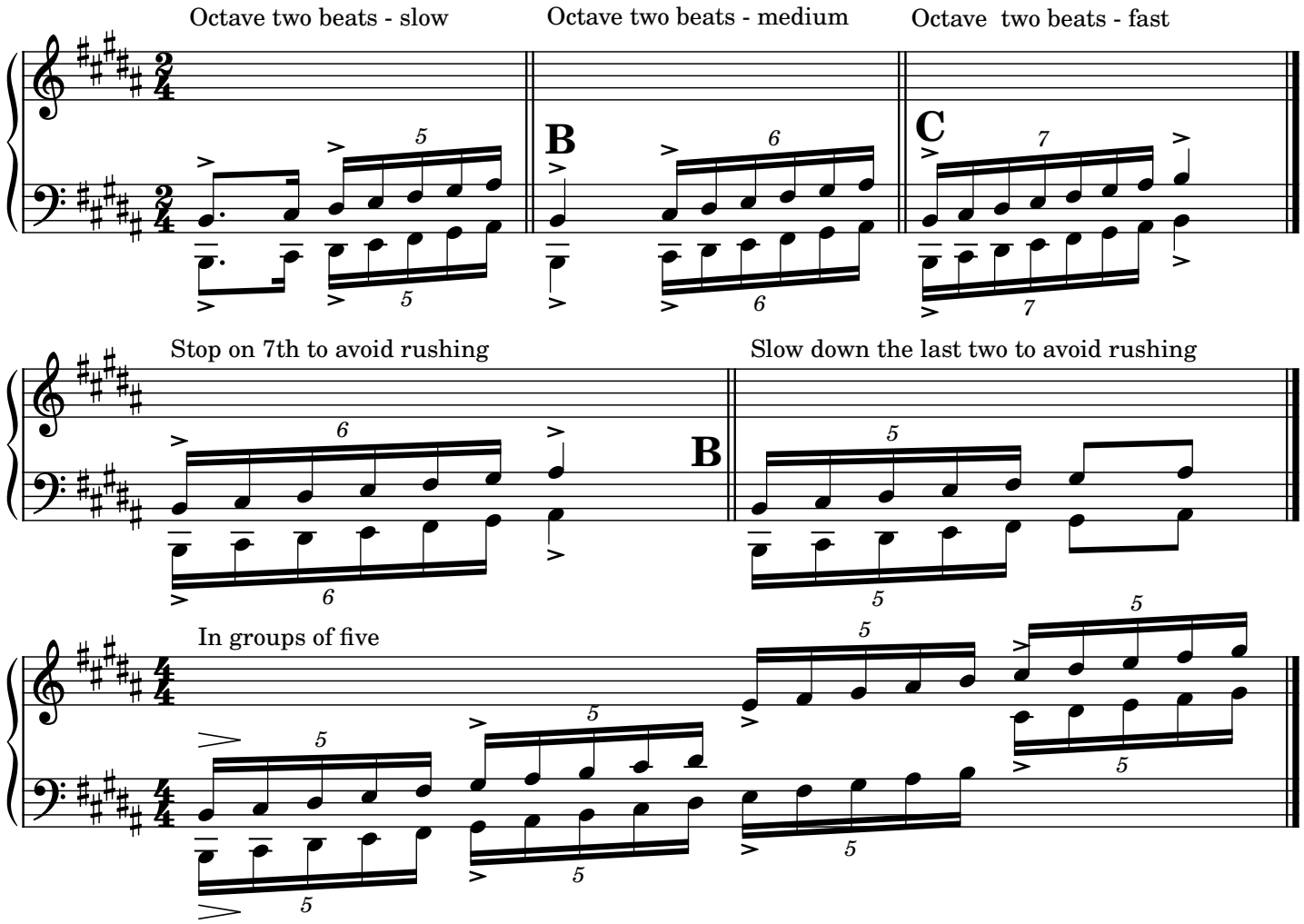
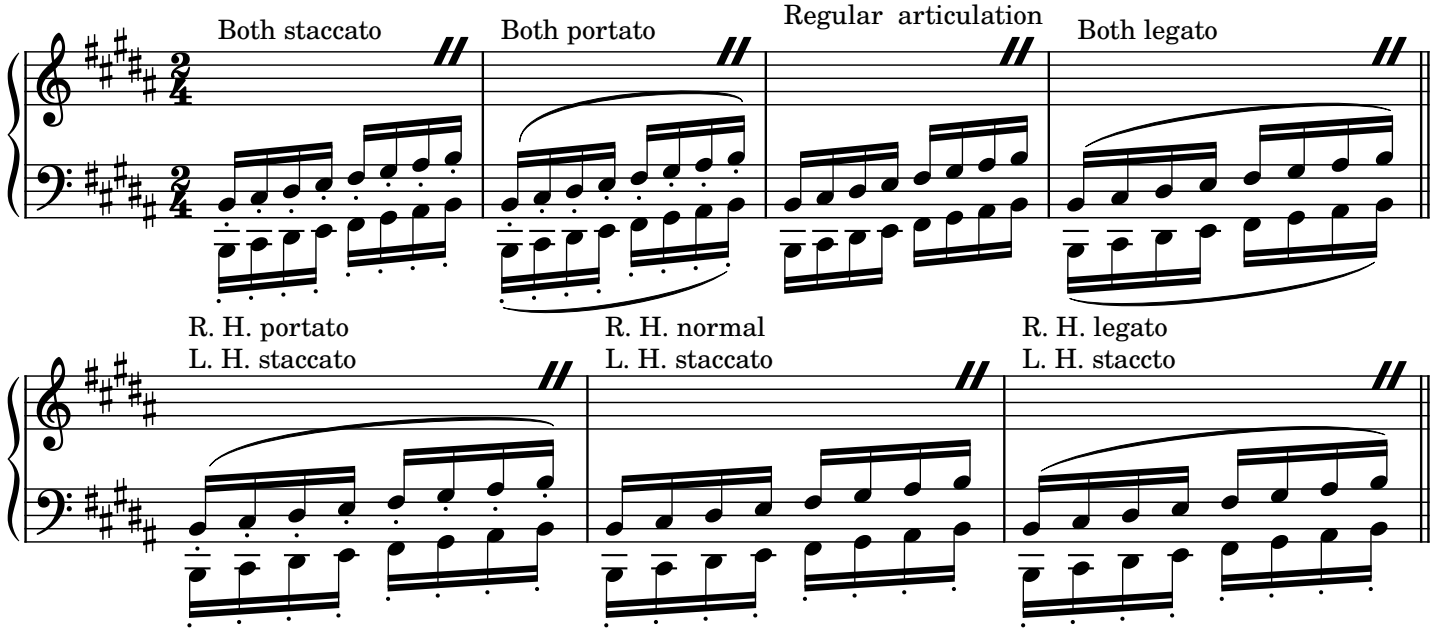


Articulation variants



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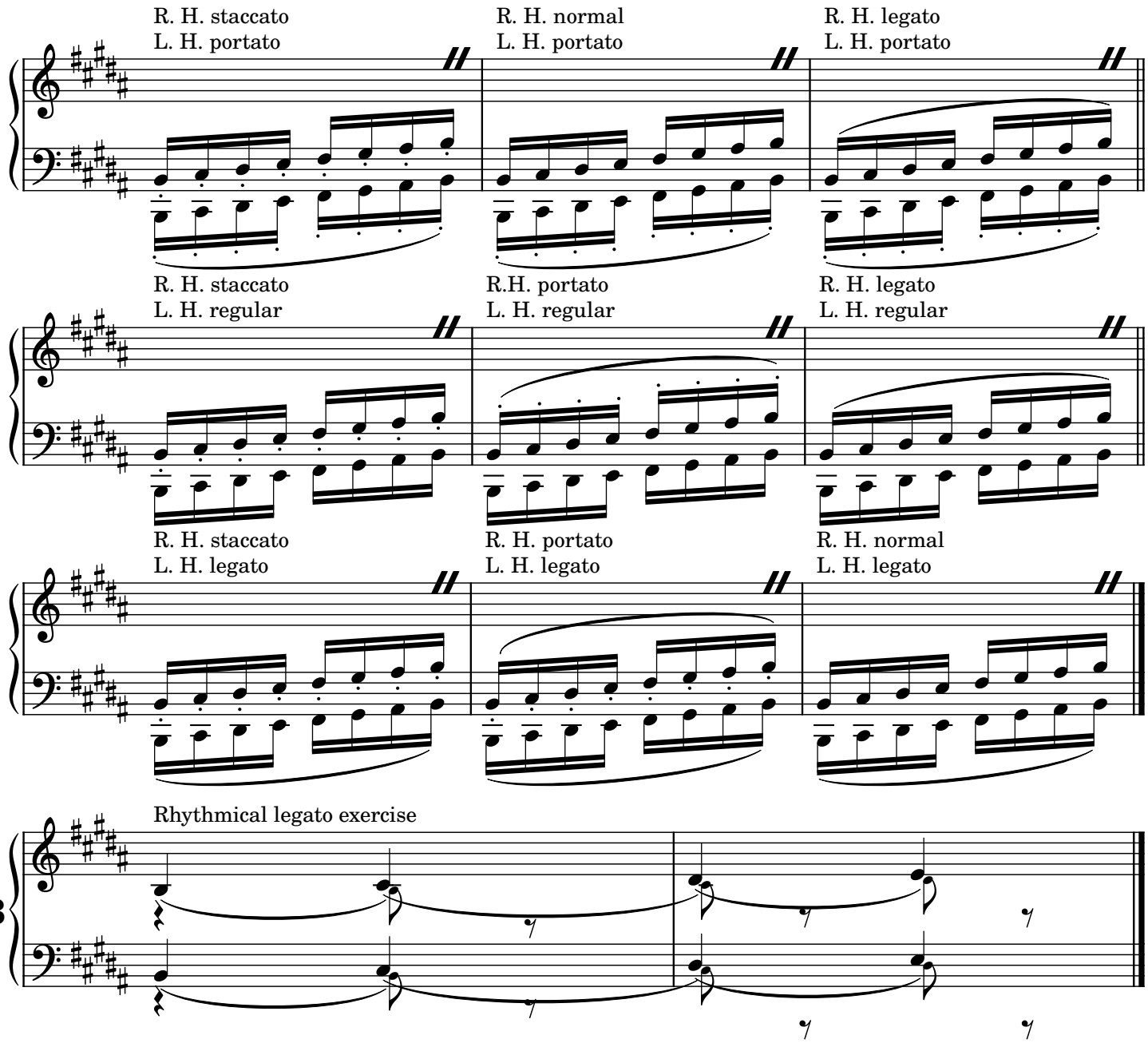
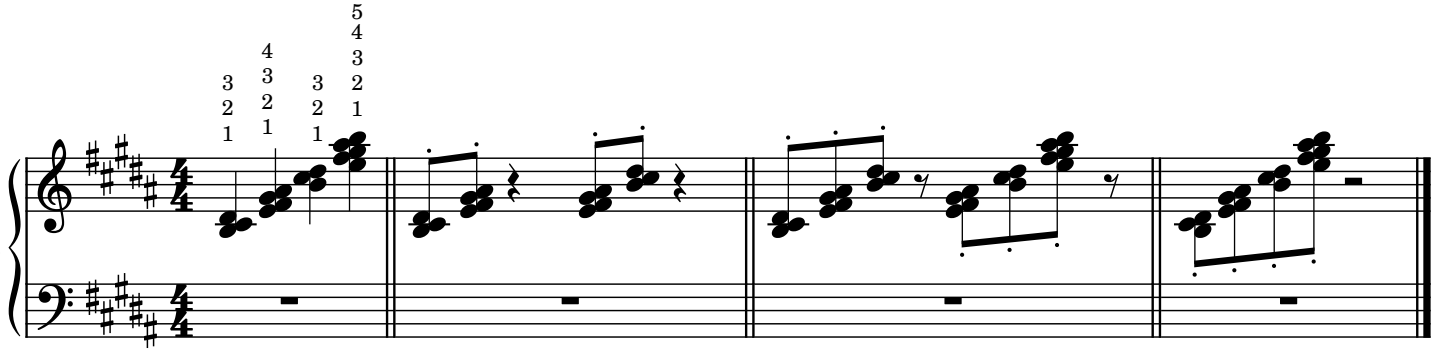


Technical positioning variants



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15

Thumb vs technical positions

Preparing each technical position and thumb

B

16

Training thumb speed in positions

17

Groups of four starting from every note of the scale (traditional scale fingering)

Gropus of 5 starting from every note of the scale (traditional scale fingering)

18

Note addition (forward up)

Note addition (forward down)

Note addition (backwards up)

Note addition (backwards down)

Entire octave positions

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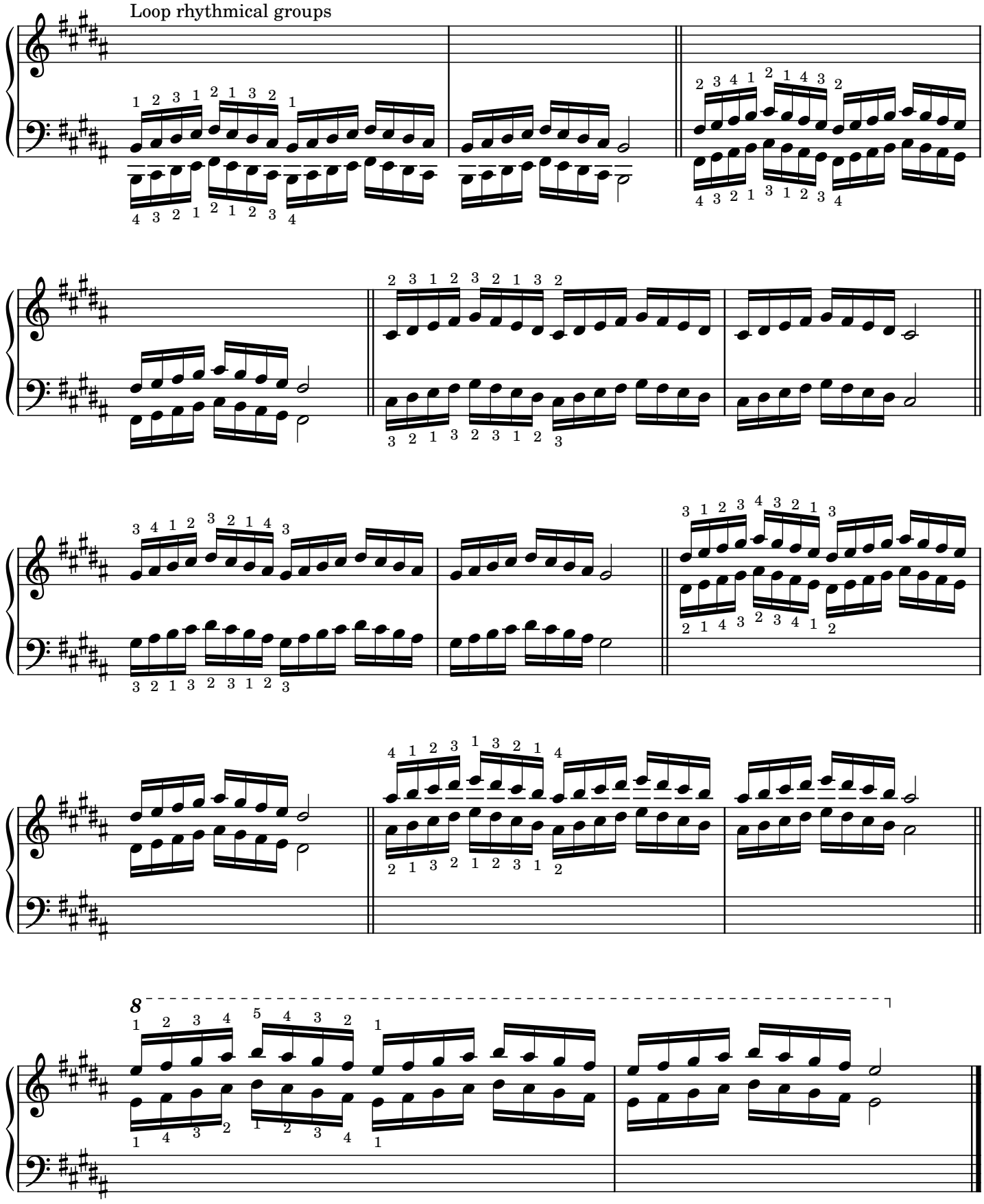

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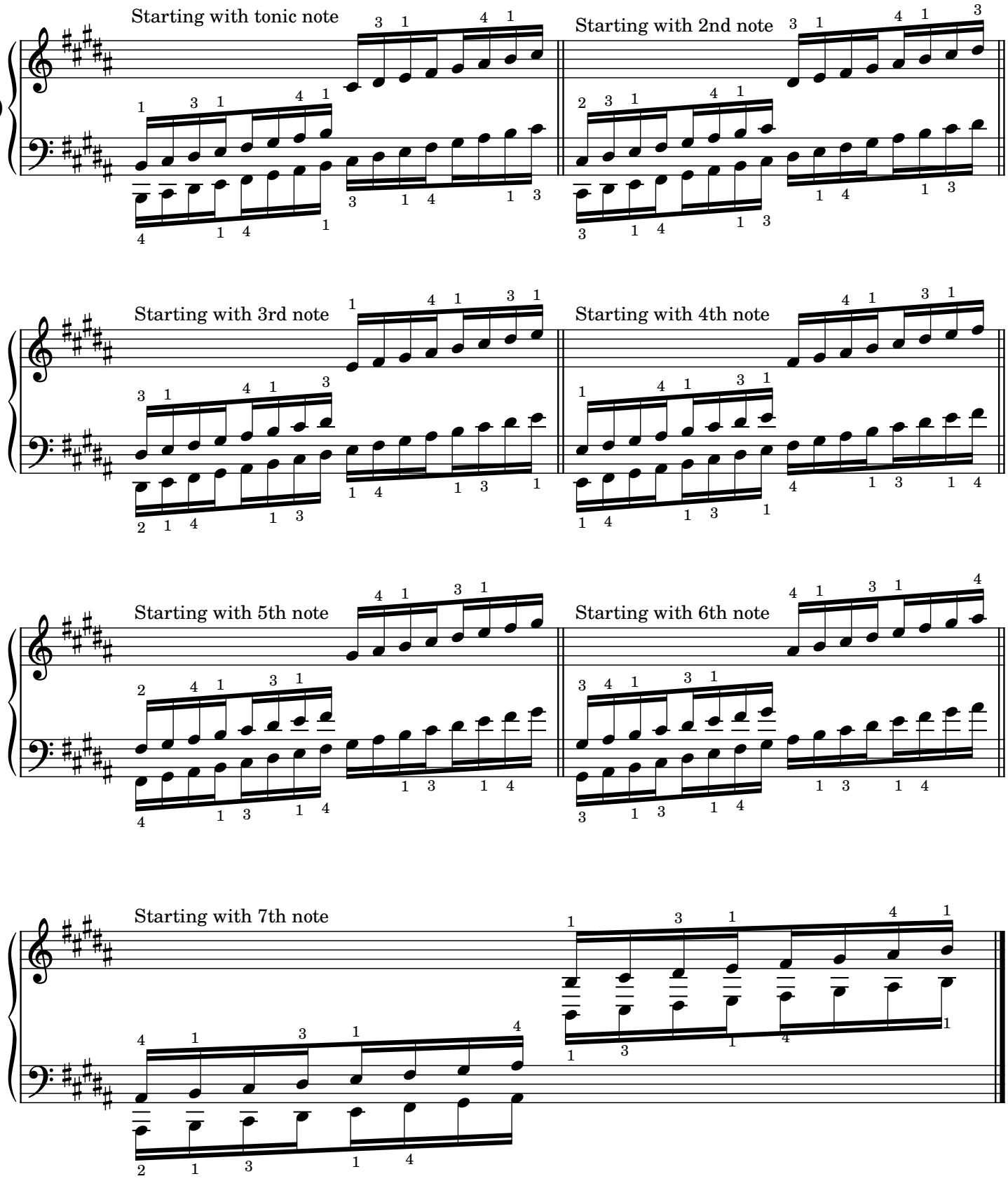
Starting from any note of the scale



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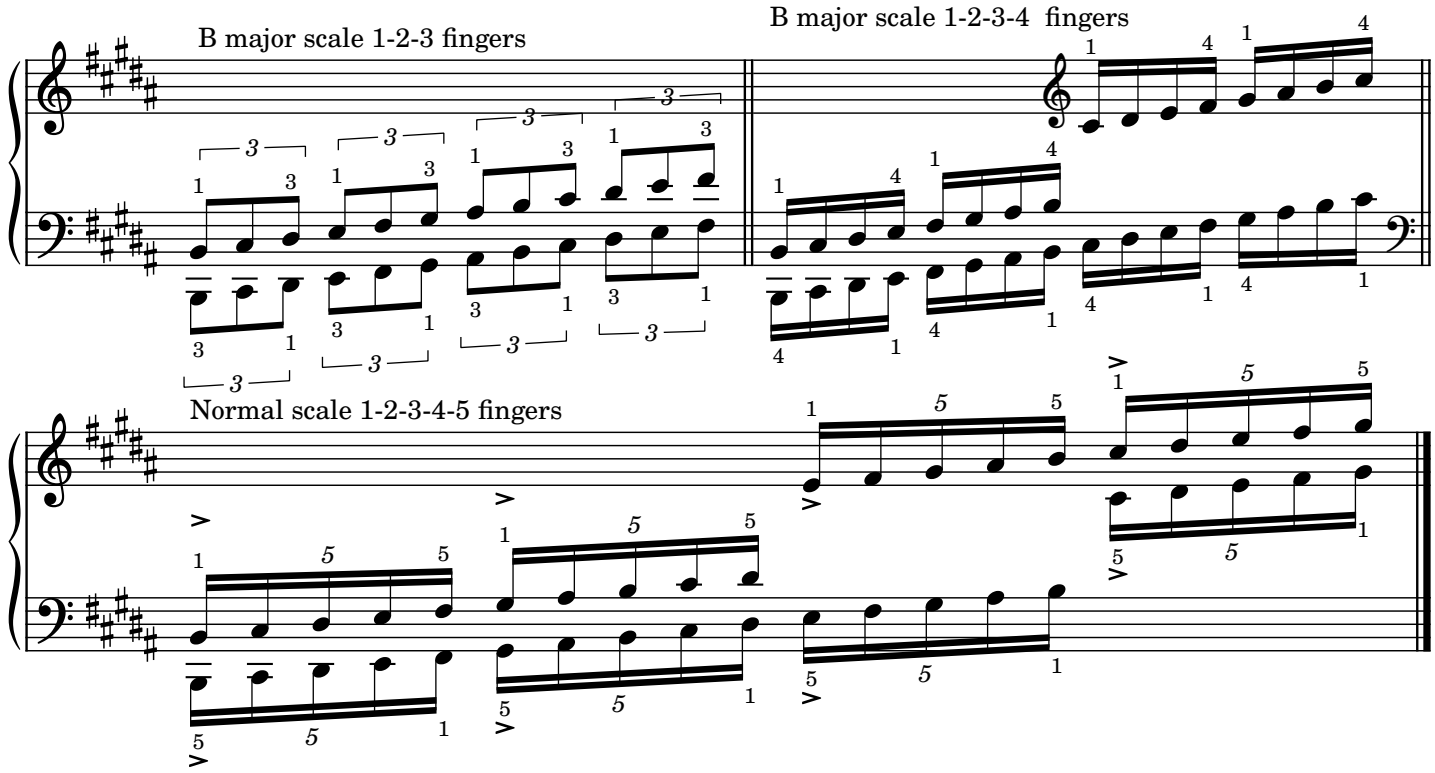
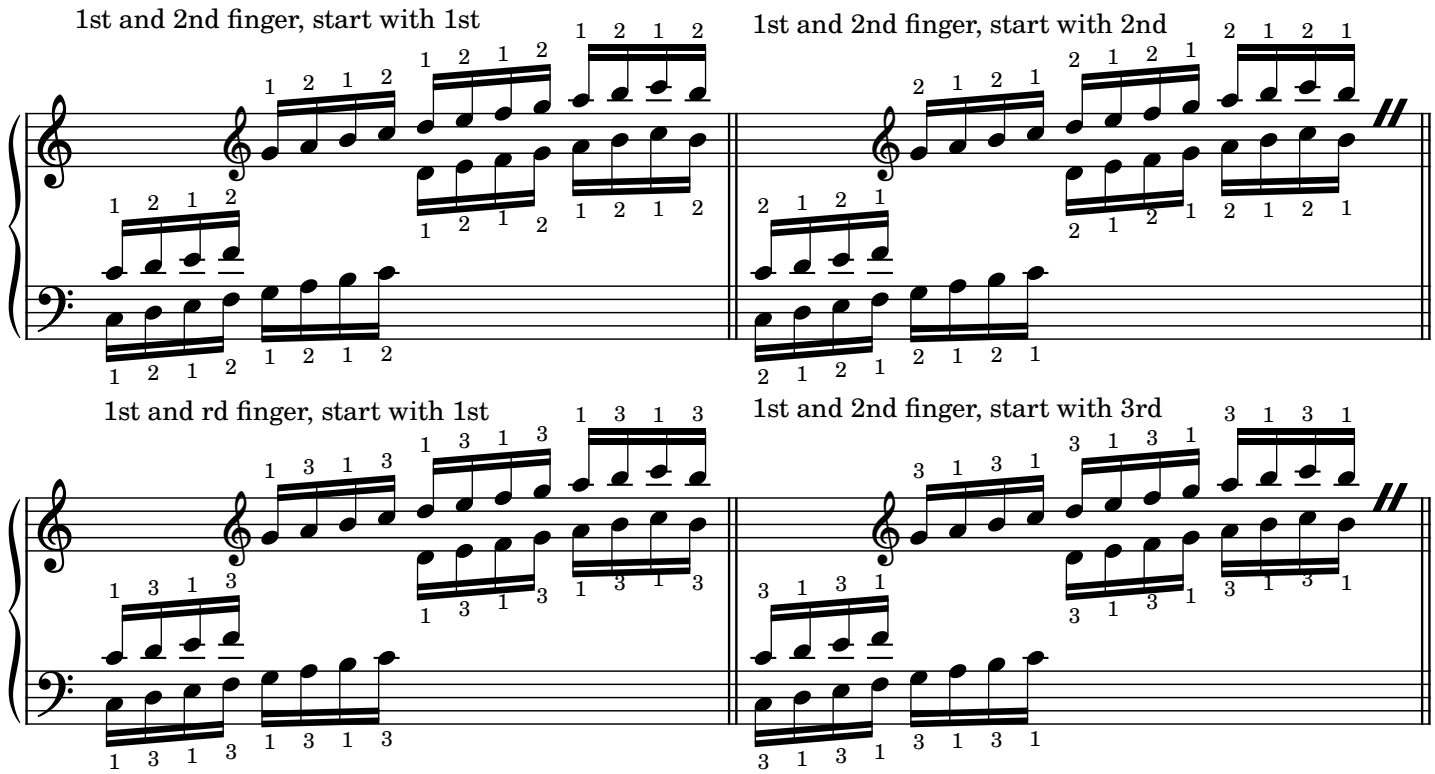
Fingering variants

Groups of fingerings 1-2-3/1-2-3-4/1-2-3-4-5



Fingering variants for improving the thumb 1-2, 1-3, 1-4 (1-5)



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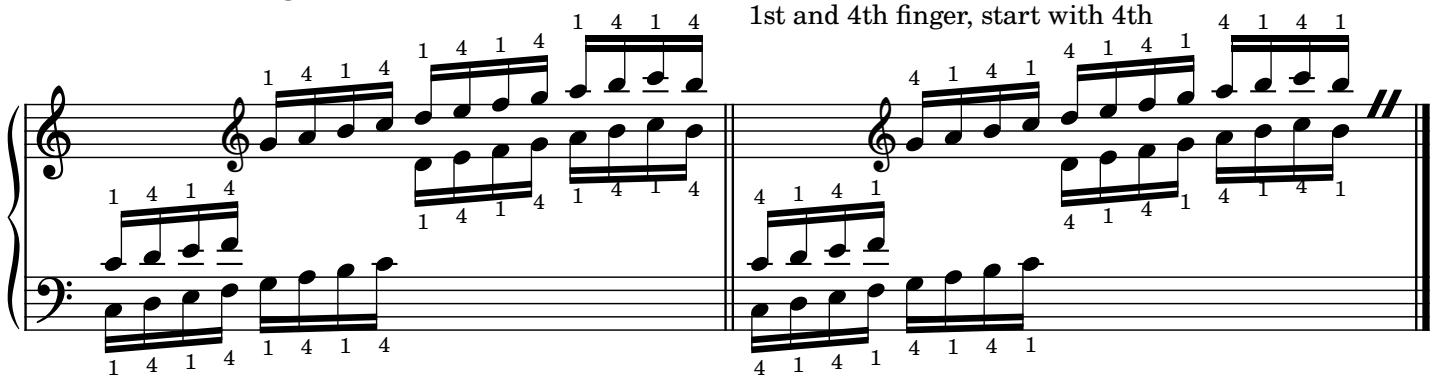
1st and 4th finger, start with 1st

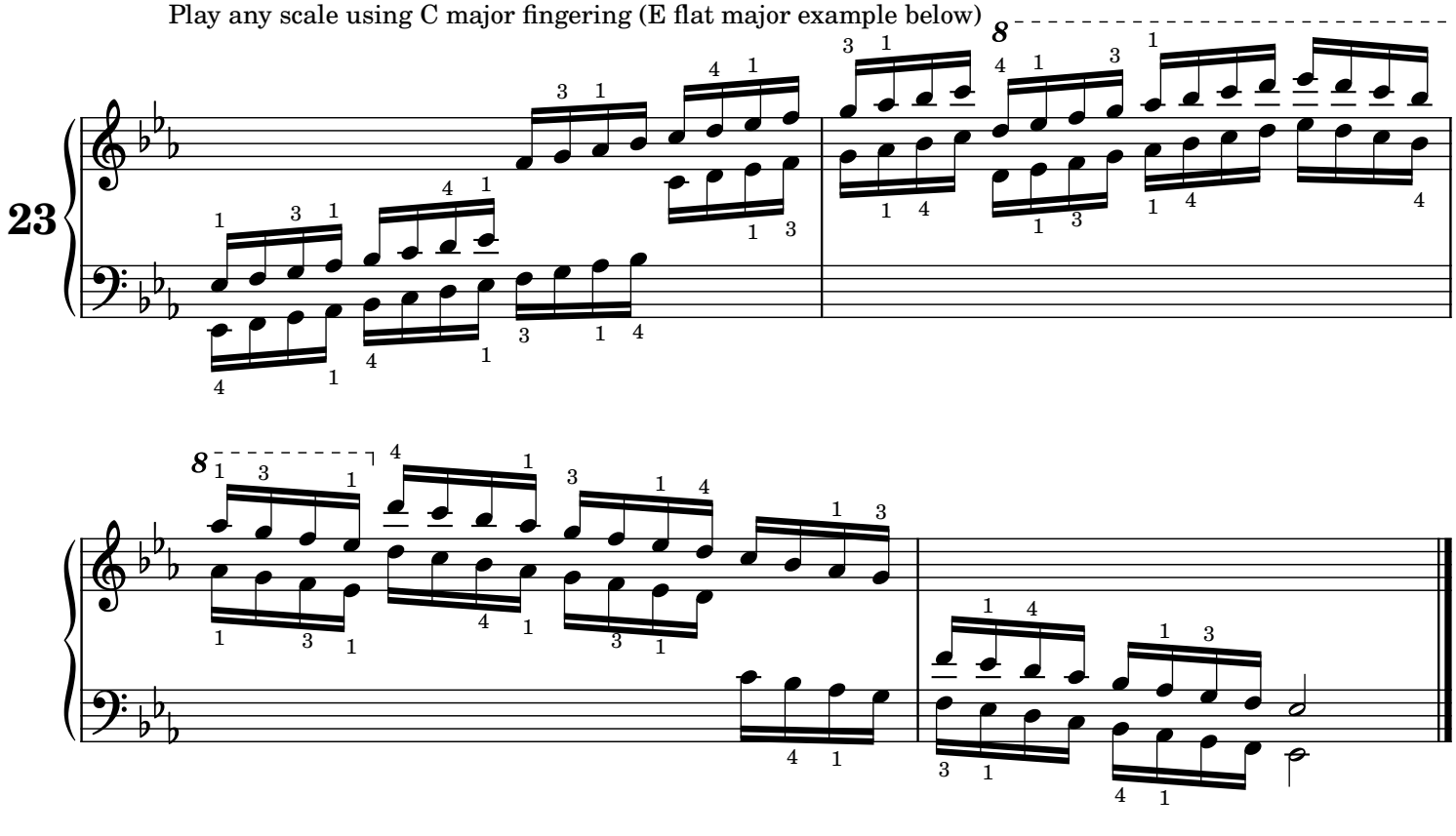
1st and 4th finger, start with 4th



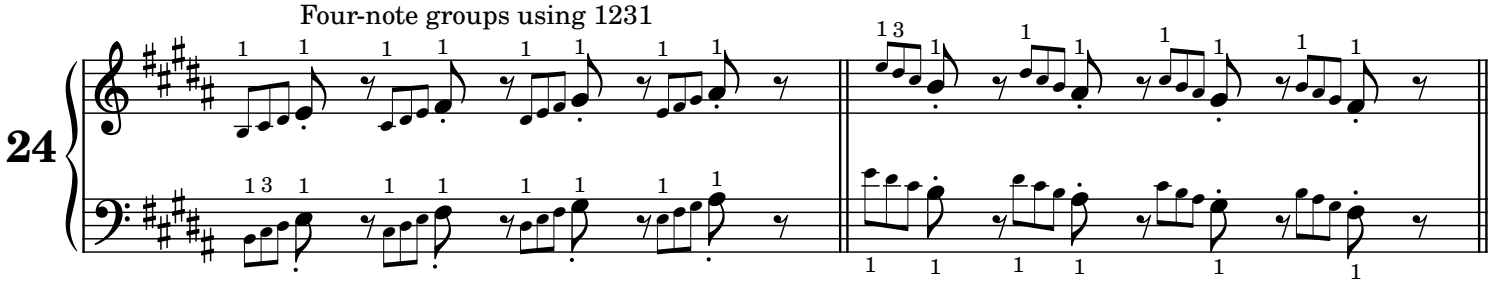
Advanced fingering variants

All scales performed with c major fingering

Play any scale using C major fingering (E flat major example below)



Four-note groups using 1231



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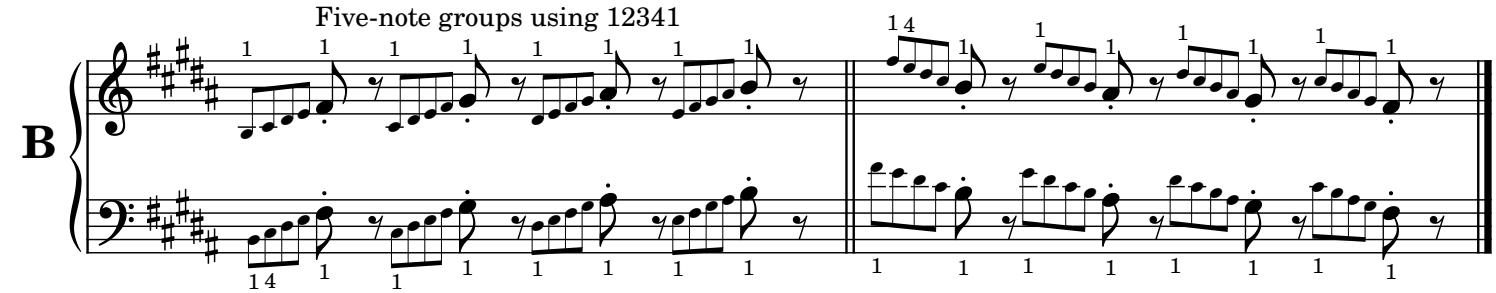
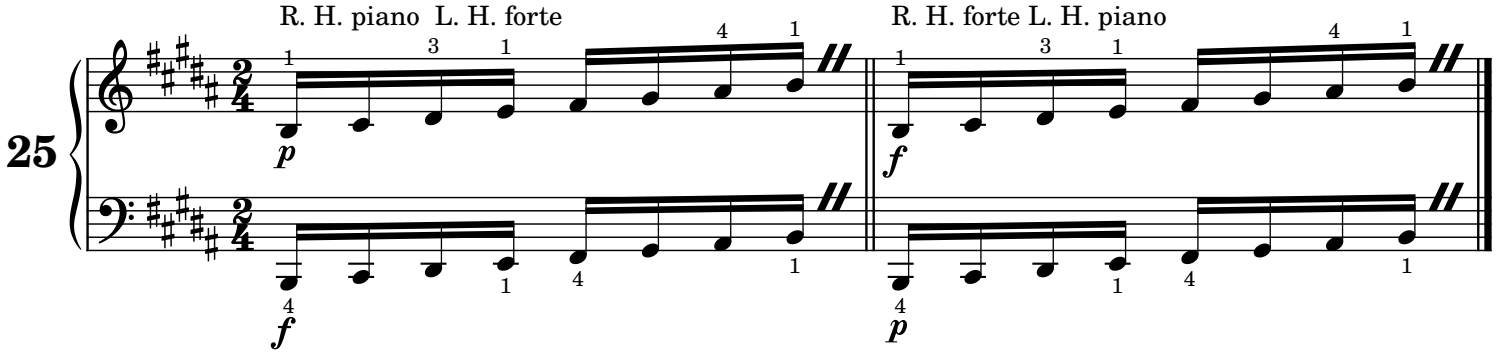
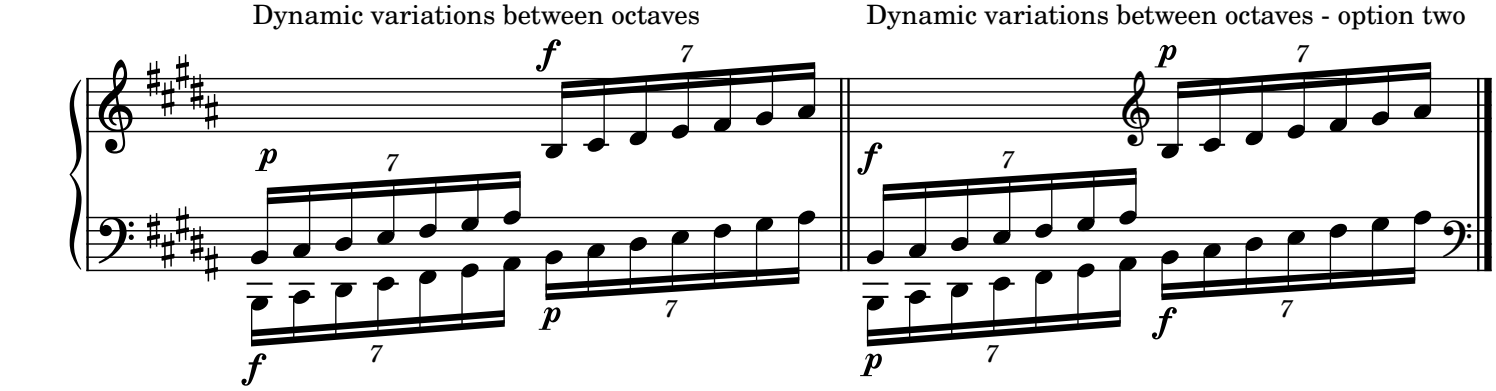
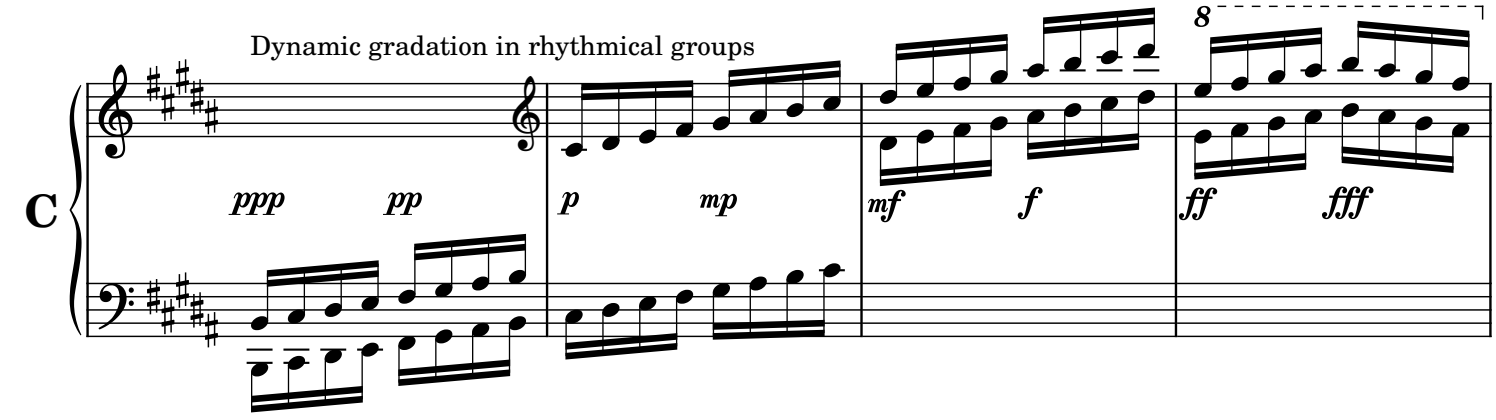


Dynamic variants

Contrasting dynamics







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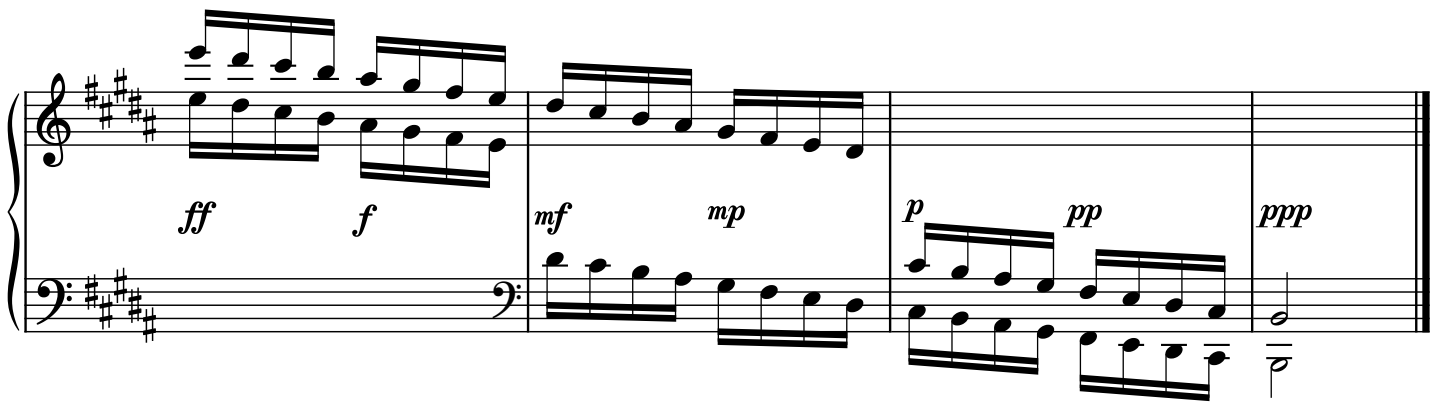
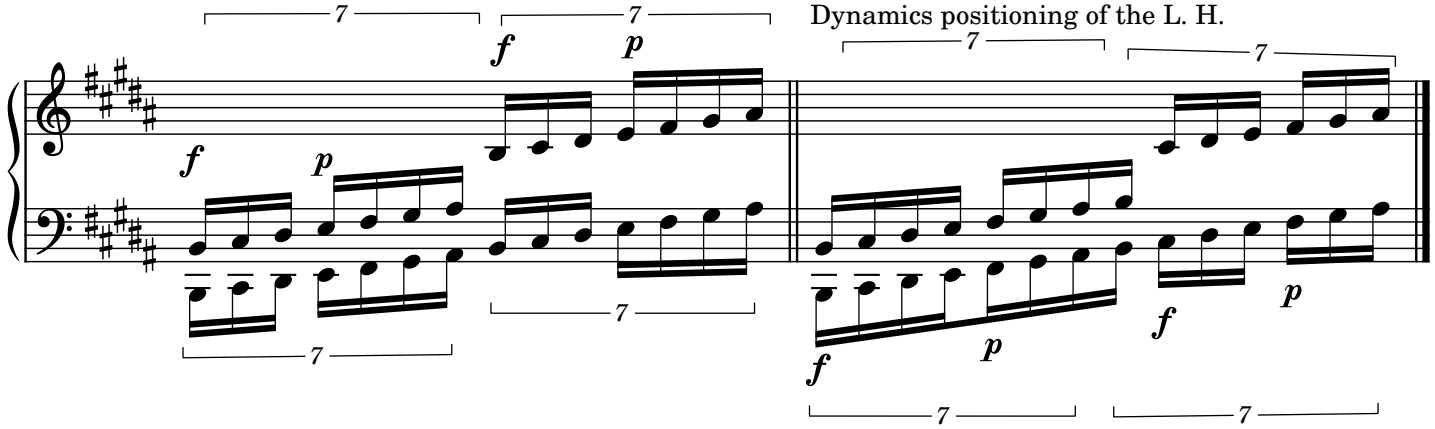


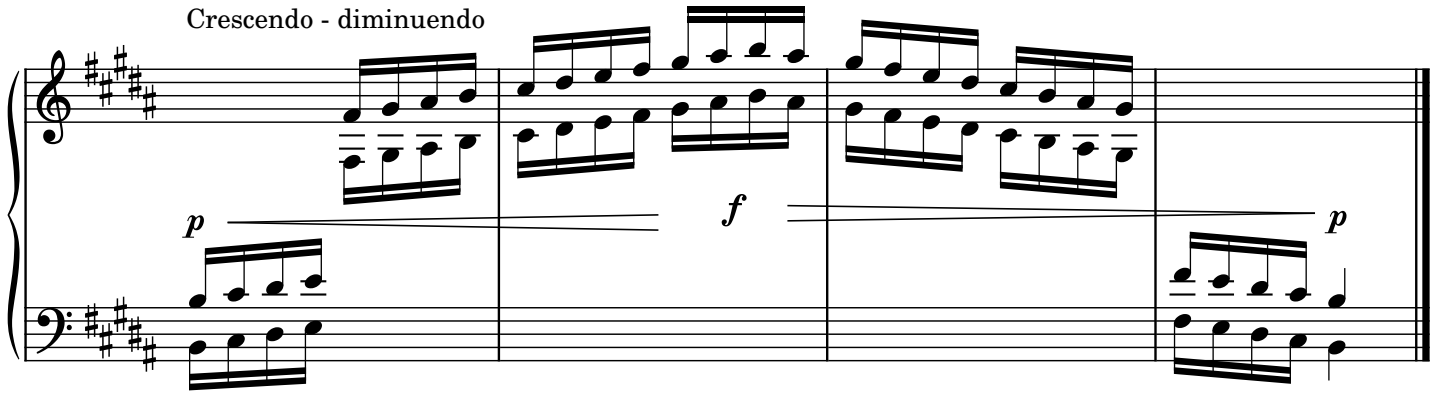
Dynamics positioning of the R. H.

Dynamics positioning of the L. H.



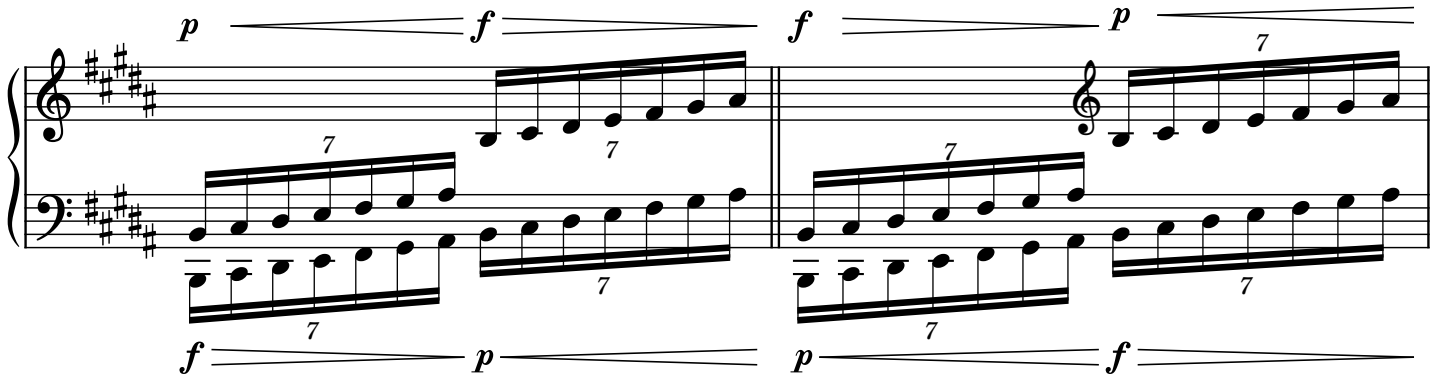
Gradual dynamic changes

Crescendo - diminuendo



Gradual dynamic changes - option one

Gradual dynamic changes - option two



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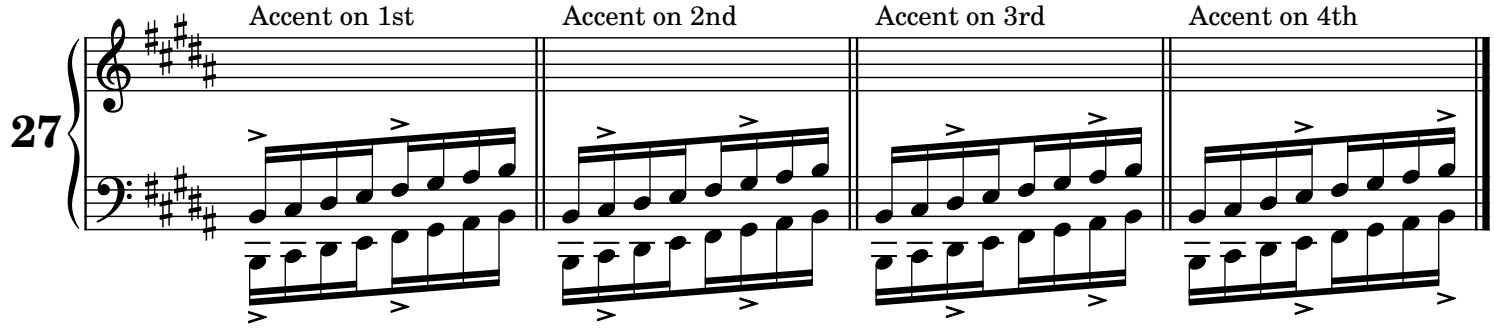
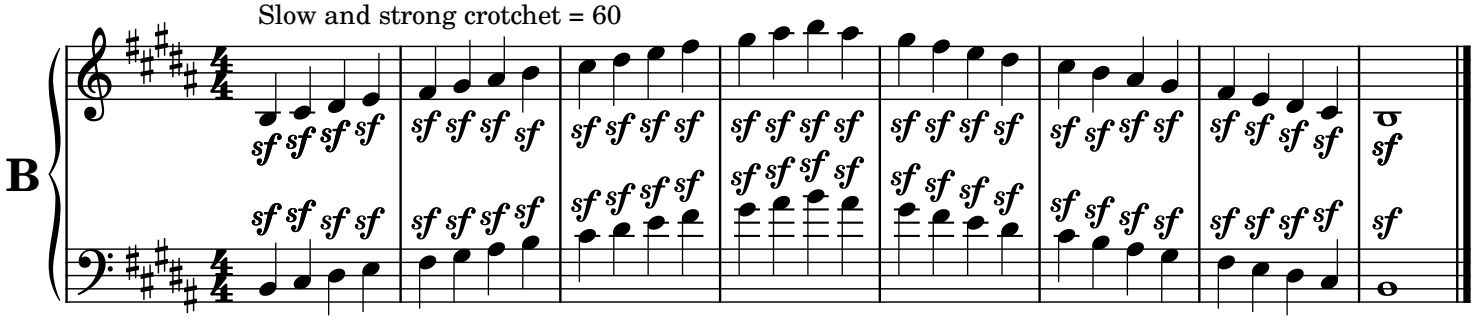
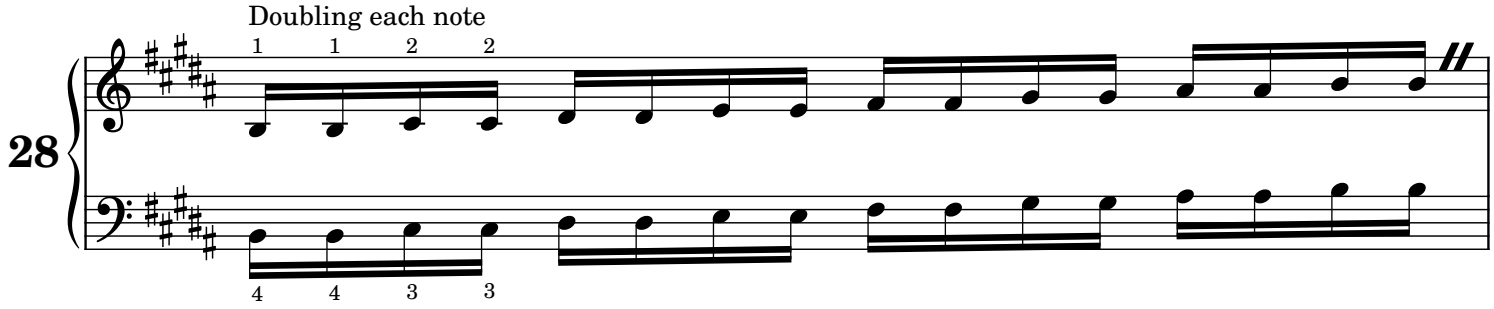
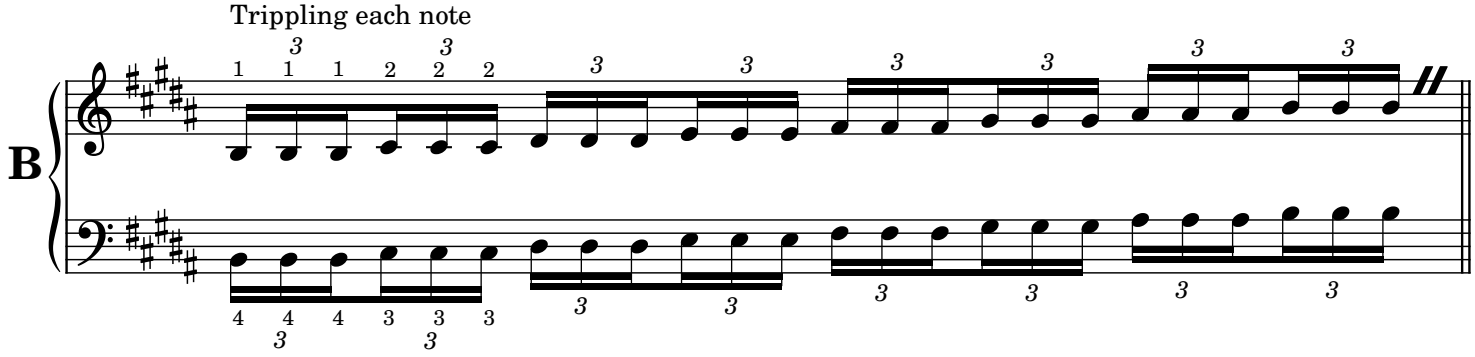
Accents on various measures





Uncategorised





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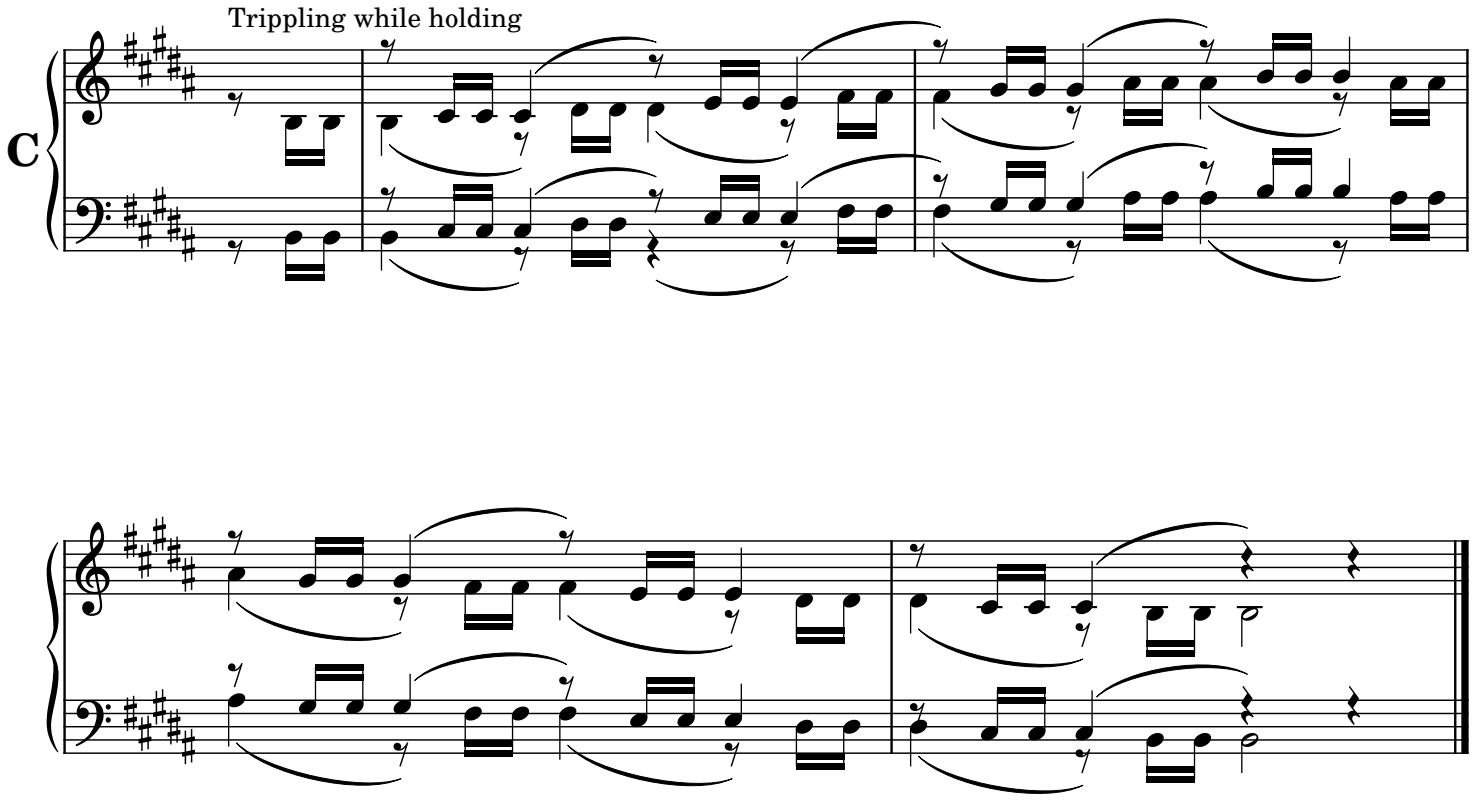
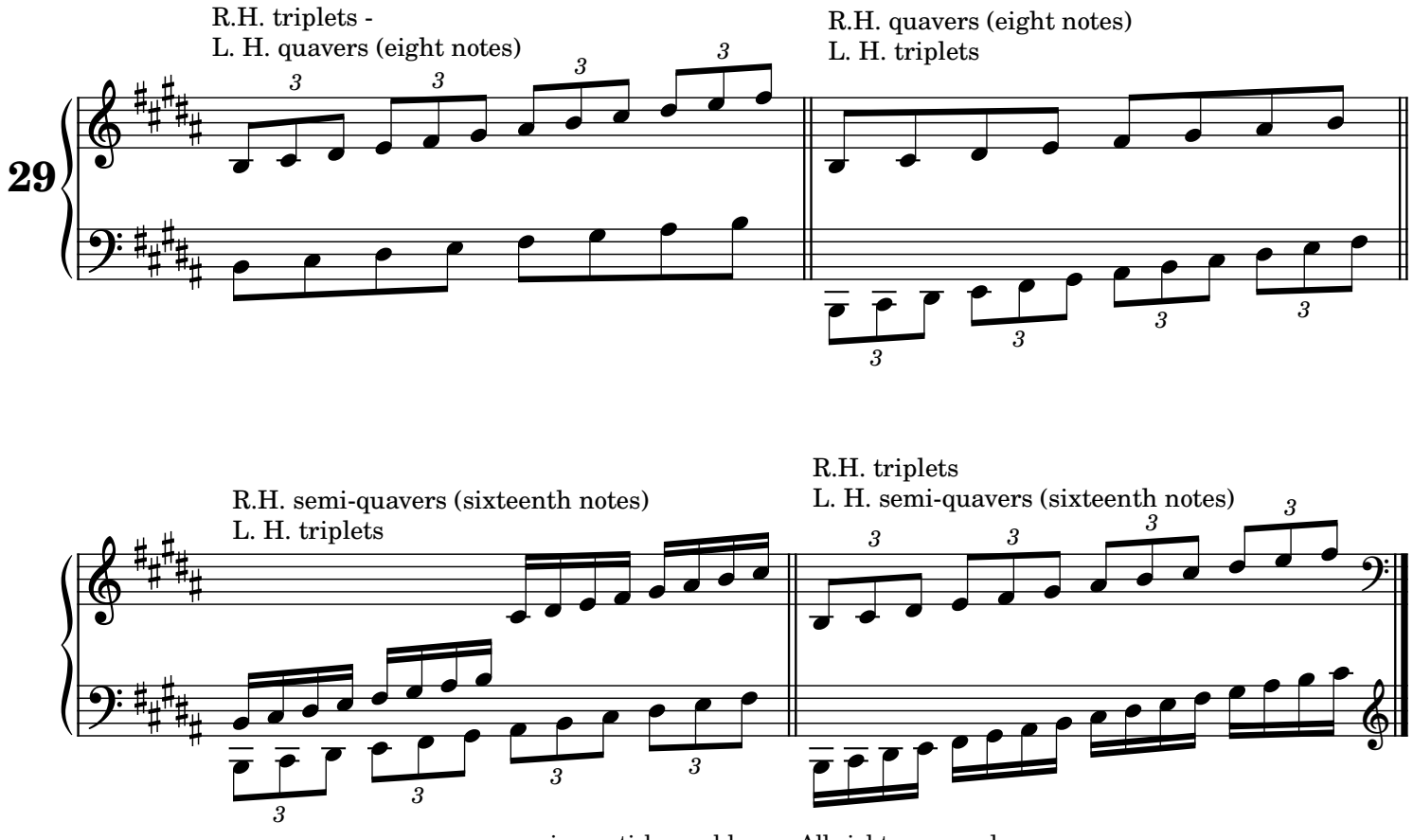


Polyrhythms



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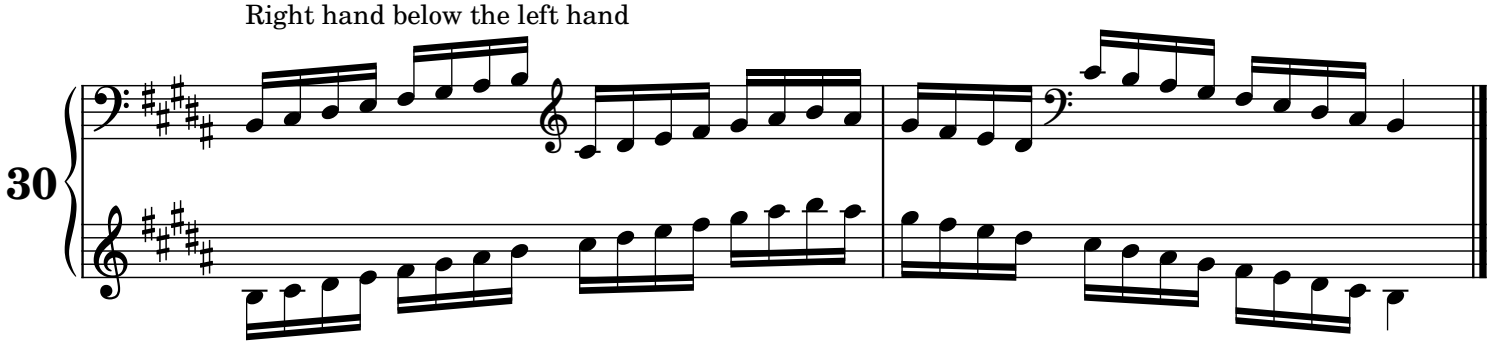
Hands crossing

Right hand below the left hand



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